

# World Athletics U20 Championships Oregon 26

## Qualification System and Entry Standards



Eugene, OR (USA) will host the 21<sup>st</sup> edition of the World Athletics U20 Championships (14 editions as World Junior Championships) after Lima 2024 and the second staged in Eugene.

The Qualification System is based on the following principles:

- Entry Standards as per below table:
- No Entry Standard for Relays
- Qualification period starting on 1 October of the previous year and running until three weeks before the competition.
- Target numbers by event as per below table:

Target number	Men	Event	Women	Target number
64	<b>10.50</b>	100m	<b>11.78</b>	64
64	<b>21.25</b>	200m	<b>24.35</b>	64
56	<b>47.40</b>	400m	<b>55.20</b>	56
48	<b>1:50.00</b>	800m	<b>2:09.00</b>	48
45	<b>3:47.50</b>	1500m	<b>4:27.00</b>	45
20	<b>8:04.00</b>	3000m	<b>9:27.00</b>	20
18	<b>14:08.00</b>	5000m	<b>16:25.00</b>	18
30	<b>9:00.00</b>	3000m SC (0,91m-0,76m)	<b>10:36.00</b>	30
56	<b>14.05</b>	110mH (0,99m) 100mH (0,84m)	<b>14.10</b>	56
56	<b>53.00</b>	400m H (0,91m-0,76m)	<b>1:00.75</b>	56
34	<b>20:50.00</b> <b>(43:30.00)*</b>	5,000m RW	<b>24:00.00</b> <b>(49:20.00)*</b>	34
28	<b>2.12</b>	High Jump	<b>1.81</b>	28
28	<b>5.12</b>	Pole Vault	<b>4.05</b>	28
28	<b>7.58</b>	Long Jump	<b>6.22</b>	28
28	<b>15.45</b>	Triple Jump	<b>13.00</b>	28
28	<b>18.30</b>	Shot Put (6kg-4kg)	<b>14.50</b>	28
28	<b>56.00</b>	Discus Throw (1,75kg-1kg)	<b>49.00</b>	28
28	<b>68.00</b>	Hammer Throw (6kg-4kg)	<b>57.50</b>	28
28	<b>68.50</b>	Javelin Throw (800g-600g)	<b>49.50</b>	28
24	<b>7100</b>	Decathlon/Heptathlon	<b>5280</b>	24
24	<b>No standard</b>	4x100m Relay	<b>No standard</b>	24
24	<b>No standard</b>	4x400m Relay	<b>No standard</b>	24
24	<b>No standard</b>	4x100m Relay Mixed		
24	<b>No standard</b>	4x400m Relay Mixed		

\* For the 5000m Race Walk, 10km and 10000m times will be accepted as will all road performances for both distances.

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### Entry Rules

- Only athletes aged 16, 17, 18 or 19 on 31 December 2026 (born in 2010, 2009, 2008 or 2007) may compete. An U18 athlete will only be allowed to compete in a maximum of 3 track events (including relays) of which only 2 can be over 200m (whether an individual event or relay leg).
- A maximum of two athletes from any one Member can compete in each event (except for the Relays).
- Three athletes can initially be entered per event, provided each has achieved the Entry Standard, but only two will be allowed to compete.
- Members who have no male and/or female qualified athletes whom they wish to enter in any Championships event, may enter one unqualified male athlete OR one unqualified female athlete in one event of the Championships (except the Field Events (see below), Combined Events, 5000m and 3000m Steeplechase).
- Members who have no male and/or no female qualified athlete but whose best athlete excels in a Field Event, may submit to World Athletics, by the time of the Preliminary Entry deadline, the name of their athlete (plus performance) they would like to enter in the Field Event. The Technical Delegates will make the final decision and, to do so, may seek the opinion of the relevant Area Association.
- If the host country of the World U20 Championships does not have an athlete qualified in an event, it may enter one athlete in these events regardless of any entry standard.
- Every Member may enter one team for each relay race, composed by a maximum of six athletes. Any four athletes among those entered for the competition, whether for the relay or for any other event, may then be used in the composition of the team for the first round.

### Conditions for Validity of Performances

- In accordance with the Technical Regulations, the qualification period runs from 1 October 2025 to 26 July 2026. To help Member Federations, the deadline for submitting the Final Entries remains at three Mondays before the start of the Championships, but there will be an extended qualification period of one week.  
This means that Member Federations must submit the athletes' names, including reserves, and all other relevant information (names of officials, travel details and accommodation needs) by 20 July 2026 but will be allowed to make any changes to the composition of their team up to one week later, midnight 27 July 2026. Please note that this is NOT an obligation but an option which some Member Federations may wish to take advantage of.
- All performances must be achieved during an official competition organised or authorised by World Athletics, its Area Associations or its Member Federations, conducted in conformity with World Athletics Rules and for which an application has been submitted in advance through the Global Calendar Platform.
- Performances achieved in mixed competitions in track events will not be accepted. Exceptionally, in accordance with Rule 9 of the Technical Rules, performances achieved in events of 5000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender. In this case, a specific request must be submitted to World Athletics before the end of the qualification period. For Race Walks the results will always be accepted.
- Wind assisted performances (over 2m/sec) will not be accepted.
- Hand-timed performances for events up to and including 800m will not be accepted.

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- Short track performances will be accepted (including indoor).
- For the running events of 200m and over, performances achieved on over-sized tracks will be accepted.
- For Race Walks, Road performances will be accepted (including 10km)